

ADVICE FOR DRIVERS TO PREPARE FOR QUAKES AND OTHER DISASTERS

Disasters such as the attacks on the World Trade Center and Pentagon, as well as recent earthquakes, remind us that our transportation system can be disrupted. It makes sense to prepare for disasters striking when we are in our cars or away from home. Preparation will make us safer drivers and better able to "**Ride Out Quakes and Other Disasters**"

Take the time to fill out the attached flier, tear it off and put it in your car. If you don't have kids, think about back-up care for elderly or disabled family members, or even for your pets.

If you are at home, stay there (assuming it is safe to do so). The more people on the roads, the harder it is for repair and emergency vehicles to respond.

Emergency contacts are a great start to a car "kit" in a pack or gym bag with -

Water	First Aid Supplies
Prescriptions	Pre-Paid Phone Card
Food	Personal Care/Hygiene Items
Cash	Light Source/Flashlight
Walking Shoes	Comfortable Clothes
Jacket	Hat
Pencil, Tablet	Radio
Whistle	Emergency Blanket

- DO** run on the top half of your car's gas tank, not the bottom half.
- DO** have a 3-5-day supply of medications at your office and at home so you don't run out.
- DO** keep a 3-5-day supply of food and water at home so you don't have to drive.
- DO** keep walking shoes at work.
- DO** keep a copy of your key contacts at home and in your wallet, as well as your car, in case you are riding public transit or at home for our next large earthquake! Regular transit riders also may want to carry other supplies, such as prescriptions and cash.
- DO** be patient.
- DO NOT** panic!

For more information, visit ABAG's Earthquake Maps and Information web site at <http://quake.abag.ca.gov>.



CAR Guide to Ride Out Quakes and Other Disasters

KEY CONTACTS (KEEP IN CAR)

Although many phones may not work for several hours, know the people you will contact when you can get through in an emergency.

Family Out-of-State Contact / Phone Number

People Authorized to Pick Up Your Children at School (With Phone Numbers)

Other Key People and Phone Numbers

AFTER A DISASTER IF YOU ARE IN YOUR CAR -

DO be patient. **DO** slow down.

If an earthquake, pull over if shaking restarts.

DO turn on the radio for emergency bulletins (such as **KGO** 810, **KCBS** 740, and **KLIV** 1590).

DO proceed cautiously (if safe to do so).

DO obey "road closed" signs.

DO yield to repair and emergency vehicles.

DO NOT attempt to cross damaged roads.

DO NOT go near downed power lines.

DO NOT stop under underpasses or on bridges.

DO NOT drive through water.

DO NOT abandon your car, except if it is unsafe to stay with it. If you must abandon it, you should not leave it in a traffic lane. If forced to abandon it in a traffic lane, you should leave your keys in it.



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